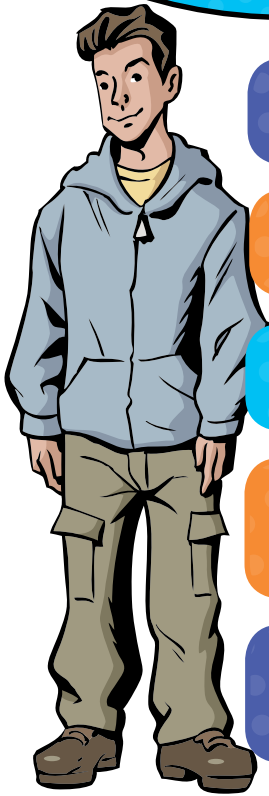


Get the Facts About Alcohol

How much do you really know about how alcohol can affect your brain and your body? Take this true or false quiz to find out. *The answers may surprise you!*



1

When a person drinks alcohol, it travels through nearly every organ system in his or her body.

True False

2

Drinking alcohol can affect the way your brain works.

True False

3

Alcohol affects every person in the same way.

True False

4

Beer is less harmful to the body than other types of alcohol.

True False

5

Heavy alcohol use over a long period of time may increase a person's risk for getting some types of cancer.

True False

5 correct

Congratulations!

You are a champion of mastering the facts.

3 – 4 correct

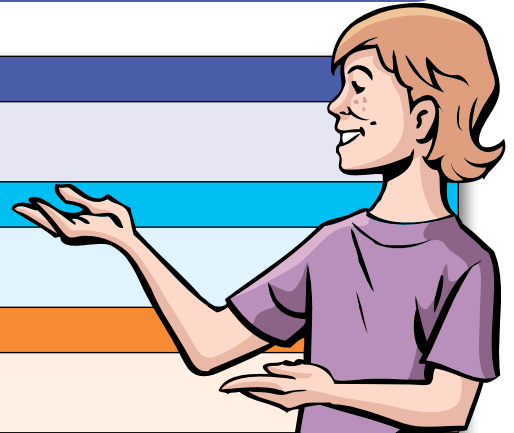
On your way to mastering the facts!

You have a good grasp of the facts.

0 – 2 correct

We know you are “too smart to start.”

Continue to learn the facts.



1. Answer: True. Alcohol enters your bloodstream within 5 to 10 minutes of being consumed. It passes from your stomach into your bloodstream and then travels throughout your entire body—affecting nearly every organ system in the body. **2. Answer: True.** Alcohol slows the processes in your brain that allow you to think and move. Alcohol can affect your ability to make decisions; research suggests that some of these effects may be long-lasting. **3. Answer: False.** How alcohol affects a person depends on a number of factors. For example: *Weight:* The same amount of alcohol more strongly affects a person who weighs less than a heavier person; *Youth:* Because their bodies are still developing, young people are more at risk to some types of alcohol damage; *Gender:* The same amount of alcohol typically affects women more than it does men. **4. Answer: False.** There is the same amount of alcohol in a 12-ounce beer as there is in 1.5 ounces of hard liquor. The alcohol in beer and wine can be just as harmful as the alcohol in other drinks. **5. Answer: True.** Alcohol abuse can cause damage in some organs in the body that may lead to cancer, including stomach cancer.